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# BECOME A BARIATRIC AND METABOLIC SURGEON

**Animal Lab for Young Surgeons**

**Honorary Presidents** **February 22<sup>nd</sup> - 23<sup>rd</sup> 2024**

Christine Stier  
Rudolf Weiner

**Centre of Biotechnologies**

**A.O.R.N. "Antonio Cardarelli"**

Naples, Italy

**Directors**

Sonja Chiappetta

Vincenzo Bottino

## Preliminary Program

**16 CME  
credits**





## Course Presentation

*Bariatric and metabolic surgery has become a prominent subspecialty among general surgeons and has proved its safety, efficacy, and durability for the treatment of severe to moderate obesity and its comorbidities worldwide. However, this specialty necessitates years of committed training in experienced centers to yield optimal outcomes. Surgical complications can occur due to a lack of standardization in global education and training. Globally, training and education options in the bariatric and metabolic surgery field are highly variable, and expectations and resources differ among young surgeons<sup>1</sup>*

*This international experts' survey performed by Young-IFSO including 240 respondents from 61 countries, underlines the lack of a standardized global surgical curriculum of bariatric and metabolic surgery during residency.*

*Therefore, the aim of this Animal Lab is to advance surgical education with a mentor-trainee system and to supervise young surgeons regarding the primary bariatric and metabolic surgeries Endosleeve – Sleeve – RYGB – OAGB. We will pass on the surgical tips and tricks and the expert corner with important Italian surgeons will be an opportunity to learn and get inspired face by face. Since scientific work is of most importance, this practical course will finish with a scientific part to motivate all young surgeons in performing it.*

Sonja Chiappetta, Vincenzo Bottino

<sup>1</sup> Felsenreich DM, Yang W, Taskin HE, Abdelbaki T, Shahabi S, Zakeri R, Talishinskiy T, Gero D, Neimark A, Chiappetta S; Young IFSO Collaborative Group. Young-IFSO Bariatric/Metabolic Surgery Training and Education Survey. *Obes Surg.* 2023 Sep;33(9):2816-2830. doi: 10.1007/s11695-023-06751-8. Epub 2023 Jul 28. PMID:37505341).



## February 22<sup>nd</sup> 2024

**Course introduction** (08:30 AM - 09:30 AM)

**Welcome Addresses**

Management A.O.R.N "A. Cardarelli"

**Welcome Introduction**

Vincenzo Bottino

**IFSO and Young-IFSO Welcome**

Wah Yang/ Daniel Moritz Felsenreich/ Nicola Di Lorenzo / Gerhard Prager

**SICOB and Next Generation SICOB Welcome**

Pietro Calabrese/ Giuseppe Navarra /Marco Antonio Zappa

**Become a bariatric and metabolic surgeon**

Sonja Chiappetta

**History of Bariatric and Metabolic Surgery and anatomy of the porcine model**

Rudolf Weiner

**Practical Part** (09:30 AM - 04:00 PM)

Performing primary endoscopic, laparoscopic and robotic bariatric surgeries:  
endosleeve – sleeve – OAGB – RYGB

**Dry Lab**

**Wet Lab**

**Animal Lab**

**expert corner & tutorship:**

Luigi Angrisani, Ugo Bardi, Ludovico Docimo, Pietro Forestieri, Cristiano Giardiello, Emilio Manno, Pierluigi Marini, Mario Musella, Vincenzo Pilone

**Lunch Session: How to choose the correct staple cartridge**

NN

**Theoretical Part** (04:00 PM - 05:00 PM)

**Interdisciplinary approach**

**The role of pharmacology**

Alfonso Bosco

**Psychological treatment of obesity**

Antonio Salzano

**Nutrition and Supplements**

Luigi Schiavo

**Follow Up after Bariatric and Metabolic Surgery**

Errichetta Napolitano

**Surgical Emergency - Differences between a general and bariatric surgeon**

Simone Squillante

## February 23<sup>rd</sup> 2024

**Honorary president lectures** (08:30 AM - 09:00 AM)

**History of Bariatric Endoscopy**

Christine Stier

**Practical Part** (09:00 AM - 04:00 PM)

Performing primary endoscopic, laparoscopic and robotic bariatric surgeries:  
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**Animal Lab**

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**Surgical Tips and Tricks**

**Sleeve Gastrectomy**

Karin Dolezalova

**Roux-en-Y Gastric bypass**

Aleksandr Neimark

**One anastomosis gastric bypass**

Eren Taskin

**Endoscopic Sleeve Gastroplasty**

Christine Stier

**Robotic Bariatric Surgery**

Toghrul Talishinskiy

**Ergonomics in Laparoscopic Surgery**

Tamer Abdelbaki

**Lunch Session : Buttressing the staple line**

NN

**Scientific Work for Young Surgeons** (04:00 PM - 05:00 PM)

**How to conduct a scientific study**

Daniel Gero

**How to publish**

Shahab Shahabi

**Discussion**

Roxanna Zakeri

## Objective

- To provide hands on experience in bowel anastomosis, stapling techniques, and intracorporeal suturing.
- To familiarize with key principles and techniques in common bariatric procedures.

## Faculty

Abdelbaki Tamer	Egypt
Angrisani Luigi	Italy
Bardi Ugo	Italy
Bosco Alfonso	Italy
Bottino Vincenzo	Italy
Calabrese Pietro	Italy
Chiappetta Sonja	Italy
Di Lorenzo Nicola	Italy
Docimo Ludovico	Italy
Dolezalova Karin	Czech Republic
Felsenreich Daniel Moritz	Austria
Forestieri Pietro	Italy
Gero Daniel	Switzerland
Giardiello Cristiano	Italy
Manno Emilio	Italy
Marini Pierluigi	Italy
Musella Mario	Italy
Napolitano Errichetta	Italy
Navarra Giuseppe	Italy
Neimark Aleksandr	Russia
Pilone Vincenzo	Italy
Prager Gerhard	Austria
Salzano Antonio	Italy
Schiavo Luigi	Italy
Shahabi Shahab	Iran
Squillante Simone	Italy
Stier Christine	Germany
Talishinskiy Toghrul	USA
Taskin Halit Eren	Turkey
Weiner Rudolf	Germany
Yang Wah	China
Zakeri Roxanna	UK
Zappa Marco Antonio	Italy

## Registration fees (Surgeons and Residents)

### Early registration (until December 31, 2023)

Ifso member	€ 600
Ifso non member	€ 800
Sicob member	€ 600
Sicob non member	€ 800

### Late registration (from January 1, 2024)

Ifso member	€ 700
Ifso non member	€ 900
Sicob member	€ 700
Sicob non member	€ 900

Limited number of 30 participants

## CME - CONTINUING MEDICAL EDUCATION

**Nr. 16 CME credits assigned.** The course is accredited for the category of the **PHYSICIAN-SURGEON** (disciplines: endocrinology; gastroenterology; metabolic diseases and diabetology; internal medicine; general surgery; plastic and reconstructive surgery; gynecology and obstetrics; anesthesia and reanimation; forensic medicine;) **NURSE**.

## organizing secretariat



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